A WEEKLY COMMENTARY



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The Price of Freedom is Eternal Vigilance

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THE ENDGAME OF SOCIALISM By James Reed

On universities here in Melbourne I have noticed many posters going up by old-style communists, the latest being an anti-Trump pro China one. So, how is socialism doing today, for people like those in Venezuela, which should be another poster child for the 'revolution'?

http://www.shtfplan.com/headline-news/socialism-child-gangs-fight-for-quality-garbage-with-machetes-in-venezuela 03272018 "The Miami Herald has detailed the lives of children forced to live under the harsh realities of socialism. Liliana, at the age of only 16, has become the mother figure for a gang of Venezuelan children and young adults called the Chacao, named after the neighborhood they've claimed as their territory. The 15 members, ranging in age from 10 to 23, work together to survive vicious fights for 'quality' garbage in crumbling, shortage-plagued, socialist dystopia of Venezuela. Their weapons are knives and sticks and machetes. And their only prize is garbage that contains food scraps barely good enough to eat. Many of the children in the Chacao gang flock to a life of violence but a family-oriented one because there's no other option if they want to eat. There are at least 10 gangs in the capital of Caracas according to social workers and police estimate. "There were always children on the street in Venezuela but now we are seeing a new phenomenon — kids who get more food on the street than at their homes," says Beatriz Tirado, who leads 'Angeles de Calle', or Street Angels, a non-governmental charity. "Our kids are finding ways to survive because neither in their homes nor in their communities is there enough food," explains social worker Roberto Patino, who has established 29 public diners all over the country to feed the massive numbers of hungry children. But Patino also bemoans that there are not enough resources to help the children get their lives back on track let alone feed them properly. For now, many have turned to trash bags as a source of nutrition."

Socialism has destroyed a country which through its oil, had enormous economic promise, but now has descended into the world best depicted in movies such as *The Walking Dead*, only worse. The lesson should not be forgotten, but our elites want to replicate this, over and over again. If you don't believe me, then take a cut lunch and go for a stroll through one of the Australian universities today. In fact, I strongly recommend it, because those living in the green leafy suburbs often are too far from the source of the battle.

THE SORT OF COURAGE NEEDED IN YOUNG PEOPLE By John Steele

While the Deep State has moved high school students out into their front lines, backed by Hollywood 'stars' there was one brave young man who stood on the metaphoric modern Stamford Bridge, and stood his ground against the charging hordes:

http://www.breitbart.com/big-government/2018/03/25/parkland-school-shooting-survivor-blame-cowards-broward-county/

"During the March 25 airing of *Face the Nation*, Parkland school shooting survivor Kyle Kashuv suggested people looking for something to blame ought to be pointing at the 'cowards of Broward County' rather than guns. Kashuv was referencing the Broward County Sheriff's Office from which a deputy arrived on scene 90 seconds into the attack and waited outside the building while the gunman spent nearly five more minutes shooting innocents. That deputy, Scot Peterson, can allegedly be seen on surveillance video arriving at building 12 only to remain outside while the sound of gunfire continued on the inside. Sheriff Scott Israel called out Peterson for not going into the building and Peterson resigned rather than face suspension. But further reports were not kind to Israel either, and the behavior of deputies on scene were called into question as well. None of this was lost on Kashuv, who bemoaned the fact that not one protester in the student march for gun control carried signs calling out Sheriff Israel.

(continued next page)

(continued from previous page) He transitioned to the topic of Sheriff Israel while explaining why a ban on 'assault weapons' and/or 'high capacity magazines' would not end school shootings. He said: "That won't solve the issue. What we've seen is that there are certain things such as having — enforcing the regulation that's currently in law. I mean we've seen on so many different levels that the cowards of Broward (ph) failed, the FBI failed, Sheriff Scott Israel failed. So many different multi-layered levels failed in Parkland. And it's absolutely reprehensible that I didn't see one single poster yesterday at the march that said (f) the NRA that — no, sorry, that said (f) Sheriff Scott Israel. He went on to point to armed individuals as part of the solution to school shootings. In making his case, he mentioned the good guy with a gun who

shot at the Maryland school attacker on March 20, ushering in the end of the incident. He praised a newly passed law — signed on March 9 by Gov. Rick Scott (R) — which will allow certain Floridians to get training to carry guns on campus for school safety."

Well, he probably will not graduate from any US high school, or get any mainstream job, but hopefully the National Rifle Association will have the good sense to take him on board to counter the teen super heroes the Deep State has assembled for gun apocalypse.

Paul McCartney was at the March remembering his fellow pinko John Lennon, who was shot by a crazed fan in December 1980. But, none of that would have happened if Lennon had remembered his song *Happiness is a Warm Gun*, and packed a pistol.

CORPORATE POLITICAL CORRECTNESS By Chris Knight

This is part of a disturbing trend, which we saw in Australia with the same sex marriage campaign, where the corporates threw their weight around to squash opposition. It's a trend in the US as well, and we are going to see much more of it, in the final stages of the decline and fall:

http://www.breitbart.com/big-government/2018/03/22/citigroupannounces-gun-control-requirements-for-clients-and-small-businesses/ "Citi group, the fourth-largest bank in the United States, has announced it will no longer do business with clients that do not meet a host of progressive gun control requirements, none of which are mandated by federal law. In a blog post, Citi group announced: Under this new policy, we will require new retail sector clients or partners to adhere to these best practices: (1) they don't sell firearms to someone who hasn't passed a background check, (2) they restrict the sale of firearms for individuals under 21 years of age, and (3) they don't sell bump stocks or highcapacity magazines. This policy will apply across the firm, including to small business, commercial and institutional clients, as well as credit card partners, whether co-brand or private label. It doesn't impact the ability of consumers to use their Citi cards at merchants of their choice. Bans on bump stocks and

high-capacity magazines have been a key demand of progressive gun control advocates. But whereas the usual method of activism has been to lobby representatives for change via the democratic process, Citi group is now imposing the change unilaterally — without asking their clients or customers. Citi promised to 'respect the decision' of clients that chose not to follow their guidelines, and 'work with them to transition their business away from Citi'.

We are already seeing the social media moving on gun banning. More disturbing is the way the social media have collected information and profiles on people, with the information they foolishly fed into the system.

Where will this lead to? To corporations using their influence to basically force gun banning, and punish anything they do not like. In the same sex campaign, there was no equality of debate, and the trend has been set by the elites on all issues now. Will ordinary folk, Fred and Rita, wake up in time? And, will they do anything? Of course, they are just warming up, being a little slow on the up-take. Don't worry, we are not voices in the wilderness, blown away by the howling winds of chaotic modernity. We must be getting somewhere with this exhausting work.

LETTER TO THE EDITOR - 'Most so-called Aboriginal Australians having some non-Aboriginal ancestry'

To *THE AGE* It is not the business of any state government to sign a treaty with Aboriginals ('First steps on a long road', 24/3) and it is scandalous that the fanatical Andrews government has set aside \$28.5 million in an attempt to bring this about. Signing treaties is purely the prerogative of the federal government.

Jill Gallagher complains that 'we' (a group not clearly defined) 'never ceded sovereignty'. Well, it must have been lost, for the sovereignty of Australia is now held by the Queen on behalf of the Australian people as a whole. It is impossible that any constitutionally valid agreement could be arrived at today with 'the first people of this country', for there is no way such an entity could be recognized at law, most so-called Aboriginal Australians having some non-Aboriginal ancestry. Moreover, the majority of Australians will never support a separatist agenda at the ballot box.

NJ, Belgrave, Vic

THE MAGIC OF MAGNESIUM By Mrs Vera West

Apparently, for vitamin D supplements to work properly one also needs magnesium:

http://collapse.news/2018-03-20-vitamin-d-requires-magnesium-supplements-deficient.html

"According to a recent review, at least 50 percent of Americans store inactive vitamin D in their bodies. This occurs since the vitamin can't be metabolized if an individual's magnesium levels are low.

Dr. Mohammed S. Razzaque, a professor of pathology at Lake Erie College of Osteopathic Medicine and a co-author of the study, explained that most people who take vitamin D supplements don't know how it's metabolized. He warns that unless you're also taking magnesium supplements, "vitamin D is not really useful or safe". The review, which was published in *The Journal of the American Osteopathic Association*, revealed that when an individual takes vitamin D supplements, they can increase their calcium and phosphate levels, regardless if they're

still vitamin D deficient. However, this means that they may experience vascular calcification if their magnesium levels aren't high enough to avoid the dangerous complication. Per the review, people with high magnesium levels only require a lower dose of vitamin D supplements to reach adequate levels of vitamin D. Dr. Razzaque advised that magnesium can also minimize osteoporosis, and this will help to reduce the risk of bone fracture that may be due to a vitamin D deficiency. Low levels in either of these nutrients are believed to be linked to several disorders like cardiovascular diseases, metabolic syndrome, and skeletal deformities."

Enough! I will add magnesium to my list of daily supplements, which seems to be getting longer each day. Anyway, apparently magnesium is good for one's nerves, as it used to be put, and after a day of reading material for this newsletter, I certainly need that! "You see what comes from all of this Mr Bond...it's exhausting".

THE NEED FOR SPEED By Mrs Vera West

The evidence continues to grow that exercise is good for you and can help, along with diet, in preventing premature death from a wide range of the grim reaper's agents:

"New research once again underscores the value of and need your body has for regular exercise. In one study (1) older adults who exercised regularly were shown to have stronger immune systems, as evidenced by higher T-cell activity, than their non-exercising peers. While you might expect such a result, researchers found the immune function of this particular group of very active adult cyclists, ages 55 to 79, to be comparable to young adults in their 20s! Related research indicates a pattern of lifelong exercise also enables you to retain healthy levels of muscle mass, muscle strength, body fat and cholesterol as you age. In a separate study (2) moderate- to high-intensity aerobic exercise at least four days a week was shown to boost the heart health and circulatory function of middle-aged adults, as compared to more moderate exercise three days a week. If you have been putting off exercise, now is the

time to reprioritize it, especially if you're over 45. One researcher called these middle years the 'sweet spot' for your heart and blood vessels because they still have some plasticity, and exercise promotes elasticity and oxygen flow. Whatever you do, reduce the amount of time you spend sitting and look for ways to get more exercise and movement into your daily routine. You're certain to feel better and your immune system and heart will thank you."

A more recent study has shown that even an hour of exercise a day can cut your risk of premature dying by 57 percent: Those who did 100 minutes a day, cut their risk by 75 percent. You need not be lifting weights or punching a punching bag, things which were beyond me even 40 years ago. Walking around the block, taking a swim, or going up stairs, all count. Every step adds up. Combine all of that with all of the diet and supplement tips I have been giving (editor, wouldn't it be nice to put all of this in a little booklet for us grey haired set?), and you are good to go! Well, maybe for a few more years, vet!

THE ABORTION QUEEN By Mrs Vera West

This item made me think about the Abba song, *Dancing Queen* (1976), which was a sweet song for its time. Such sweet Nordic girls. But, now we fast forward to the world of today, and today's 'entertainment':

"The Pennsylvania affiliate of Planned Parenthood tweeted – and then deleted – its statement announcing its wishes for a Disney princess who has had an abortion and who satisfies the left's fantasy of identity politics: 'We need a Disney princess who's had an abortion, We need a Disney princess who's pro-choice, We need a Disney princess who's an undocumented immigrant,

We need a Disney princess who's actually a union worker, We need a Disney princess who's trans'."

But the fact is that the Left have all of this in a neverending assault upon tradition. What they are really calling for is nothing but abortions, peak abortions. They want nothing else but illegal trans migrants who are pro-choice, pro-union, and have had an abortion, even if they are male. Especially if they are male, which is a social construct anyway, but still needing non-socially constructed surgery to deconstruct.

Stop the world, I want to get off!

LETTER TO THE EDITOR - ANOTHER ENDANGERED SPECIES?

Earth is a dangerous place. Of all the species that have ever lived, over 95% have already been extinguished by natural disasters.

Ice, not global warming, is the big killer and this recurring calamity often strikes quickly. Thousands of mammoths and other animals were killed by ice storms and their snap-frozen bodies are still entombed in ice around the Arctic. Just 15,000 years ago great ice sheets smothered the northern hemisphere as far south as Chicago, Moscow and London and all life had migrated towards the equator. This deadly ice had gripped Earth for about 50,000 years.

Ice ages are also times of dry winds and drought as cold oceans and cold dry atmospheres produce little evaporation or precipitation. Great deserts like the Sahara and the Gobi expand, and wind-blown dust fills the skies and rivers.

Adding to Ice Age woes, cold oceans suck the gas of life (carbon dioxide) out of the atmosphere, thus making surviving plants less able to cope with cold and drought. One of the great serendipities of modern life is that man's use of carbon-rich fuels like oil and coal not only provides energy but also adds carbon dioxide plant food to the severely depleted carbon stocks of the atmosphere. Satellites have detected the resultant greening of the Earth.

Earth also suffers cycles of volcanism where much life is extinguished by ash, lava, earthquakes and tsunamis, usually followed by more cold and starvation as dust blocks sunlight. Just one era of volcanism covered the Deccan in India with many lava flows in places more than 2 km thick and spewed hot lava into the oceans along the mid-ocean trenches. Earthquakes and resulting tsunamis swept all life from large areas of land and dumped and buried their fragmented remains in heaps of mud.

We also have evidence of massive destruction on Earth from collisions and near misses by comets and other bodies in the solar system. Humans are not immune to the threat of extinction, but it will not come from today's warm, moist, atmosphere or from the gas of life, carbon dioxide. It will probably come from the next glacial cycle in the Pleistocene Ice age, where long bitter glacial eras are separated by short warm periods such as the Holocene warm era in which we live.

In every short warm era like today's Holocene, the warming oceans expel enough carbon dioxide into the atmosphere to terrify today's global warming alarmists. And these times have always supported abundant plant and animal life. But never has 'global warming' from this 'greenhouse gas' prevented the cyclic return of the ice.

When blizzards blow and glaciers grow, the great ice sheets will spread again and mankind will be decimated by cold, drought, crop failures and starvation. A lucky few living in equatorial regions or clustered in shelters and hot houses around nuclear power stations will survive. Those still able to extract coal, oil or gas may manage to generate enough warmth and carbon dioxide plant food to offset the cold sun, the perma-frost and the barren atmosphere. And a few with appropriate skills and tools may become hunters and gatherers again (but the Neanderthals did not make it last time).

We should celebrate, not fear, the Modern Warm Era and give thanks for the many benefits gained from recycling those marvellous batteries of stored and buried carbon resources to our still-hungry biosphere. When the ice returns, derelict and snow-bound wind turbines and solar panels will remain as stark evidence of the failed Green religion of yet another endangered species.

Viv Forbes, Washpool, Qld

Further Reading:

The Positive Impact of Human CO2 emissions on the Survival of life on Earth.

https://carbon-sense.com/2018/03/28/benefits-of-human-co2-emissions/

The Planet of Death: 10 of Earth's Worst Extinction Events

https://interestingengineering.com/ planet-death-10-earth-worst-extinction-events

No Evidence of Unusual Global Warming http://notrickszone.com/2018/03/25/alarmism-takes-a-big-hitflood-of-new-scientific-findings-show-nothing-unusual-happeningclimatically/#sthash.6vlIYEPi.dpbs

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